WHAT THIS PUBLIC HOLIDAY IS ABOUT:
During Apartheid, people of colour did not have the same rights as white people, including the right to freedom of movement. On the 21st March 1960 a group of people protested against the unfair laws that meant people of colour had less rights than white people. We remember this day and those who fought for fairness and equality in South Africa.

“Speak up for those who cannot speak for themselves. Defend the rights of all those who have nothing.”
PROVERBS 31:8

DISCUSS:
1. What are human rights?
2. Why are human rights important?
3. How can we make sure we help others who do not have the rights they should?